

Move Further on the Two-decade Journey through Rain or Shine

The tenth National Cancer Rehabilitation and Palliative Care Conference was held in Shanghai

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The Tenth National Cancer Rehabilitation and Palliative Care Conference, with the theme of “Integrating Standardized Palliative Care throughout Anti-cancer Treatment”, was successfully held on June 20th–22nd, 2014, in Shanghai. This conference was hosted by Cancer Rehabilitation and Palliative Care Committee, China (CRPC), jointly undertaken by Shanghai Anti-Cancer Association and Shanghai Changzheng Hospital, and jointly supported by Chinese Society of Clinical Oncology (CSCO), Shanghai Cancer Rehabilitation and Palliative Care Committee, Journey of “Chinese Clinical Oncology” and Cancer Committee of Shanghai Medical Association. More than 1,500 medical staff attended the conference.

The opening ceremony was held on June 21st. It was hosted by Professor Li Zhang, Director of Sun Yat-Sen University Cancer Center. Senior Colonel Xingdong Zheng, President of Shanghai Changzheng Hospital, Mr. Dongsheng Xuan, Director Assistant of Chinese Anti-Cancer Association, Mrs. Jing Zhang, Minister of Organization Department, CACA, Professor Shiying Yu, the



Fig. 1 The fifth committee panel of CRPC



Fig. 2 The experts wrote a scroll of “Move Further on the Two-decade Journey through Rain or Shine” with brush to celebrate the 20th anniversary of CRPC

third and fourth Chairman of CRPC, Director of Cancer Center, Wuhan Tongji Hospital, and Professor Bifa Fan, Chairman of Chinese Association for the Study of Pain, attended the opening ceremony. First of all, a brief celebration for the 20th anniversary of CRPC was held in the form of calligraphy. The experts wrote a scroll of “Move Further on the Two-decade Journey through Rain or Shine” with brush, and stamped it with the official seal of CRPC.

Then, Minister Jing Zhang announced the list of the fifth committee panel of CRPC. Professor Jiejun Wang, Director of Cancer Center, Shanghai Changzheng Hospital, was elected as the new Chairman. Professor Shukui Qin, Director of Cancer Center, Nanjing Baiyi Hospital was elected as the new Candidate Chairman. Professor Li Zhang, Professor Pingping Li, Professor Qingyuan Zhang, Professor Yuan Chen and Professor Cheng Huang were elected as Vice Chairmen. Professor Shiying Yu was



Fig. 3 The bureau of the fifth committee

elected as Honorary Chairman.

Besides, 9 articles were announced to be distinguished papers of the conference. One for the first prize, 3 for second and 5 for third.

Professor Jiejun Wang gave the opening speech. He pointed out that, as established in August 1994, CRPC had become the cornerstone of Chinese rehabilitation and palliative care, and would play a more and more important role in clinical practice. Palliative care was not only an independent discipline, but also a crossing one. It had become an important part of anti-cancer comprehensive therapy and should be integrated into it from beginning to end. "We had achieved a lot in the past two decades, and we should promote some remarkable development in future".

After that, Mr. Dongsheng Xuan and Senior Colonel Xingdong Zheng gave speeches. Both of them highly praised the great achievements reached by CRPC, and wished a rosy future for Chinese palliative care.

In the opening ceremony, Professor Shiying Yu gave a speech entitled as "Review and Outlook of CPRC". She enumerated the great achievements on the fields of academic exchange, continuing education, scientific research, scientific popularization and policy support in the past two decades. For example, activities carried out by CRPC in terms of continuing education included: pain palliative care training from 1992 to 1997, "Painless Spring Festival" since 2000, narcotic prescription training since 2006, "Onair Scenario" since 2010, and "SMILE" National Cancer Specialist Palliative Care Training Class, which was in collaboration with the EAPC, since 2012. She highly praised the advocating group in Wuhan Tongji Hospital, including Professor Yuan Chen, Professor Qian Chu, Doctor Na Han and Doctor Yi Cheng. The group worked a lot on the scientific popularization and propaganda, including both professional media and mass media such as "MD weekly", "China Medical Tribune", "Global



Fig. 4 Professor Harvey Max Chochinov answered audiences' questions

Cancer Express", "Popular Medicine", "Life Times", "Chinese-German Journal of Clinical Oncology", People's Daily, Sina, Sohu, EAPC's official website, etc.. Besides, CPRC had published guidelines and expert consensus of cancer pain, vomiting, malignant bowel obstruction, bone metastasis, liver injury guidelines and Chinese traditional medicine, textbooks for undergraduate, graduate, eight-year medical students, qualification training materials on narcotic drug prescriptions, and a series of patient education manuals. Until now, CRPC had established 28 provincial committees. It gained the honor of "Advanced Professional Committee" of CACA twice in 2010 and 2012, and "Committee Star" in 2012.

After that, Professor Shukui Qin gave a speech entitled as "Palliative Treatment of Liver Cancer", in which he emphasized the molecular targeted drugs and chemotherapy in the treatment of primary hepatocellular carcinoma. Professor Harvey Max Chochinov, OM, MD, PhD, FRSC, Research Chair in Palliative Care, Director of Manitoba Palliative Care Research Unit in University of Manitoba, Canada, gave a speech entitled as "Dying, Dignity, and New Opportunities in Palliative End-of-Life Care". He explained the definition, methods and outcomes of "Dignity Care".

The sessions of the conference included bone metastasis, cancer treatment-related digestive adverse reactions, palliative care training, GPM project, gastrointestinal and head and neck cancer palliative care, refractory cancer pain, nutrition therapy and social workers. Experts and scholars carried out extensive discussions on the development of cancer rehabilitation and palliative care. The 2014 edition of "Expert Consensus of Anti-cancer Drug-Related Liver Injury Prevention and Treatment" and the 2014 edition of "Expert Consensus of Cancer Bone Metastasis and Bone-Related Diseases Diagnosis and Treatment" were released in the conference, too.