

## The 2014 “SMILE” National Cancer Specialist Palliative Care Training Class was held successfully

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**Fig. 1** The speechmakers and trainees in the Suzhou session  
**Fig. 2** The speechmakers and trainees in the Guangzhou session  
**Fig. 3** The speechmakers and trainees in the Chengdu session  
**Fig. 4** The speechmakers and trainees in the Wuhan session

Four sessions of the 2014 “SMILE” National Cancer Specialist Palliative Care Training Class, jointly hosted by Cancer Rehabilitation and Palliative Care Committee, China (CRPC) and European Association for Palliative Care (EAPC), supported by Xian-Janssen Pharmaceutical Ltd., was successfully held, including March 8th in Suzhou, March 22nd in Guangzhou, April 12th in Chengdu and April 26th in Wuhan. More than 200 medical staff all over the country took part in the class. Five specialists gave speeches on pain, spiritual symptoms and cancer-related fatigue. The speeches were followed by case discussions to deepen the themes.

The “SMILE” National Cancer Specialist Palliative Care Training Class was launched in July 2012. The teaching materials based on various guidelines from home and abroad. The trainees of the class were not green hands, but senior doctors with working experiences on palliative care. Therefore, the subjects of the class included not only the basic knowledge and skills, but also lately and advanced developments. The aim of the class was

to implement the standardized diagnosis and treatment of the palliative and supportive care, which should be integrated into anti-cancer therapy at the beginning of the treatment, since it could not only improve the life quality of cancer patients, but also prolong their life span. From 2012 to 2013, 1 committees' conference, 1 training course for speechmakers and 2 sessions of the class were held.

In 2014, some new developments took place in the class. The trainees were divided into 5 groups at the beginning of each session, and the group discussion and participation were specially emphasized during the whole session. That was one highlight of the session, which was also taken successfully advantage of by all the lecturers. The voting, with ActiVote, was another highlight. There were many multiple-choice questions in the speeches and case discussions. The trainees voted to show their attitude and knowledge, giving speechmakers some targets to explain, and if necessary, to discuss with some representatives of trainees. Certificates were distributed at the end of each session, and the most active group was honored. Feedback forms were filled in to collect suggestions and criticisms.

For more details, Professor Yi Jin, director of Pain Clinical Center, Nanjing General Hospital of Nanjing Military Command, and Professor Kun Wang, director of Pain Clinical Center, Tianjin Medical University Cancer Institute & Hospital, were responsible for the speech on “the choice of opioid drug for gastrointestinal side effects”. Professor Lili Tang, director of Rehabilitation Department, Beijing Cancer Hospital, gave a speech on “the diagnosis and treatment of cancer-related delirium”. Professor Wei Liu, director of Oncology, Hebei Cancer Hospital, and Professor Wei Shen, director of Shanghai Xinhua Hospice, were responsible for the speech on “the diagnosis and treatment of cancer-related fatigue”.